







# ATTENTION ON ADHD: THE VALUE OF IMPROVING CARE FOR PEOPLE WITH ADHD SNAPSHOT



## Portugal

### Overview of the ADHD Landscape in Portugal

 <b>COUNTRY CONTEXT</b>	 <b>DISEASE BURDEN/EPIDEMIOLOGY</b>	 <b>ADHD RESEARCH</b>
<b>Population</b> <span style="float: right;">10,270,085<sup>1</sup></span>	<b>ADHD prevalence rate for adults (18-65)</b> <span style="float: right;">2.5%<sup>5</sup></span> <span style="float: right;">(142,248 patients)<sup>6</sup> **</span>	<b>Number of clinical trials</b> <span style="float: right;">1<sup>7</sup></span> <span style="float: right;">(from 01.08.12 to 01.08.22)</span>
<b>Current health expenditure (% of GDP)</b> <span style="float: right;">9.53%<sup>2</sup></span>	<b>REGISTRIES</b> <b>Is there a ADHD registry in the country?</b> <span style="float: right;"><input type="checkbox"/> NO</span>	<b>EUROPEAN ORGANISATION</b> <a href="#">ADHD Europe</a> 
<b>Domestic general government health expenditure (% of GDP)</b> <span style="float: right;">5.81<sup>3</sup></span>	<b>REFERENCE CENTRES</b> <b>Number of reference centres / centres of excellence</b> <span style="float: right;"><input type="button" value="NO INFO"/></span>	<b>NATIONAL GUIDELINES</b> <b>National guideline?</b> <span style="float: right;"><input type="checkbox"/> NO</span>
<b>Out-of-pocket expenditure (%)</b> <span style="float: right;">30.45<sup>4</sup></span>		

<sup>1</sup> World Population in Review. Portugal Population (estimate on 31 August) Available at: <https://worldpopulationreview.com/countries/portugal-population> Last accessed October 2022.

<sup>2</sup> The World Bank. Current Health expenditure (% of GDP) - Portugal. Available at: <https://data.worldbank.org/indicator/SH.XPD.CHEX.GD.ZS?locations=PT> Last accessed October 2022.

<sup>3</sup> The World Bank. Domestic general government health expenditure (% of GDP) - Portugal. Available at: <https://data.worldbank.org/indicator/SH.XPD.GHED.GD.ZS?locations=PT> Last accessed October 2022.

<sup>4</sup> The World Bank. Out-of-pocket expenditure (% of current health expenditure) - Portugal. Available at: <https://data.worldbank.org/indicator/SH.XPD.OOPC.CH.ZS?locations=PT> Last accessed October 2022.

<sup>5</sup> Faraone S V., Banaschewski T, Coghill D, Zheng Y, Biederman J, Bellgrove MA, et al. The World Federation of ADHD International Consensus Statement: 208 Evidence-based conclusions about the disorder. *Neurosci Biobehav Rev.* 2021 Sep 1;128:789-818.

<sup>6</sup> Statistics Portugal - Web Portal [Internet]. [cited 2022 Jul 15]. Available from: [https://www.ine.pt/xportal/xmain?xpid=INE&xpgid=ine\\_indicadores&contecto=pi&indOcorrCod=0011166&selTab=tab0](https://www.ine.pt/xportal/xmain?xpid=INE&xpgid=ine_indicadores&contecto=pi&indOcorrCod=0011166&selTab=tab0)

<sup>7</sup> EU Clinical Trials Register. Last accessed November 2022. Available at: <https://www.clinicaltrialsregister.eu/>

\*Treating to 70% of the estimated prevalence of patients means increasing rates of diagnosis meaning that the percentage of patients increases by 30% from 40-70 leading to a higher number of patients being treated in the health system).

\*\*Adult patient population is calculated by multiplying the ADHD prevalence rate from Faraone et al, 2021 by the country's 18-65 population data (see endnotes).